

It's time to escape...*escape* the routine; *embrace* the exceptional

## Clark-Claudon's Wildflowers & Wine Ride

Take a break to breath in the beauty of the Napa Valley & savor it's bounty.

This ride is designed to satisfy all levels of fitness & cycling ability. There will be three suggested routes all leaving from the Clark-Claudon Family Ranch; you may choose to ride on your own or on one of our suggested routes. We will provide a SAG support car on the suggested routes.



We have joined with St. Helena Bike Shop for rentals. Please indicate your gear needs, if any, below. Your cost includes bike rental (if needed), a picnic lunch, wine & other beverages and a donation to the Clark-Claudon's Nicaraguan Education Project.

**Cyclist Level**—Please check the level that best describes your choice for the ride or indicate if you will only attend Picnic.

- Non-Cyclist**—will attend picnic only
- I -Beginner/Easy**—approx. 8-12 miles (flat terrain) - *Depart - 10 am*
- II—Intermediate/Moderate**—approx. 15-25 miles (varied terrain) - *Depart - 9:30 am*
- III—Experienced/Difficult** — approx. 35-45 miles (hilly terrain) - *Depart— 9am*

**Gear**— Please check if you need the following:

- Bike & Helmet Rental- (Hybrid Mtn./Road Bike) \$ 40**
  - Indicate Height for Bike Sizing \_\_\_\_\_
  - Small, Medium or Large \_\_\_\_\_ (*Helmets are required for all cyclists!*)

### Lunch

A BBQ picnic lunch paired with our Clark Claudon, Wild Iris Sauvignon Blanc will be served at 1 pm. If you plan to return from you ride early, bring a picnic blanket, relax and enjoy the serenity of the Clark -Claudon Family Ranch. If you anticipate wanting to hike around the vineyards; please bring comfortable walking shoes.

*Each participant is solely responsible for their own safety; Clark Claudon is not responsible for any injury or accident that may occur on this ride. Each participant must sign a waiver before beginning the ride. Helmets are required for all cyclists.*

### Contact Information

Name: \_\_\_\_\_ Phone # \_\_\_\_\_

Address: \_\_\_\_\_

Email: (So that we may email you directions/info) \_\_\_\_\_

Credit Card \_\_\_\_\_ Exp \_\_\_\_\_

- Donation & Lunch: \$55
- Bike Rental:(if needed) \$40
- I would like to donate an additional amount of : \_\_\_\_\_ (*optional*)

Total Cost: \_\_\_\_\_

Fax Registration to 707.965.1135 / Mail Payment to PO BOX 15 St. Helena CA, 94574  
Make checks payable to Clark-Claudon Vineyards . Call 707.965.9393 with any questions.

#### Required Gear:

- Helmet
- 2 Water Bottles (full of water)
- ID & Medical Insurance Card

#### Recommended Gear:

- Cycling Gloves
- High Energy Snack (Bar, Cliff Shot etc.)
- Patch Kit & Tire pump or Co
- Layers of clothes (Morning may start cool)
- Sunglasses & Sunscreen